

Migraine Pain Medications  
Medication Treatment Plan

For You and  
Your Doctor to Fill In

	<u>Example</u>	
1 Your name		
2 The date of the office visit		
3 Your diagnosis	Migraine without aura	_____
4 Acute medication prescribed and dose.	1 Imitrex 50 mg tablet	_____
5 Hours to wait before I can take a second dose?	2 hours	_____
6 What medication should be used as a second dose?	1 Imitrex 50 mg tablet	_____
7 After how many hours since my last treatment should I wait until I take a rescue medication?	2 hours	_____
8 What is my rescue medication?	1 Tylenol 3	_____
9 What is my starting preventive medication and dose? What time to take it?	1 Topamax 25-mg tablet at bedtime	_____
10 How long should I take this dose?	7 days	_____
11 What should the dose be changed/increased to? dose time	2 Topamax 25-mg tablet at bedtime	_____
12 How long should I take this dose?	7 days	_____
13 What should the dose be changed to? dose time	3 Topamax 25-mg tablet at bedtime	_____
14 How many migraines should I treat with acute medications before I decide it didn't work?	3	_____
15 How long should I use this preventive medication before I decide it didn't work?	3 months	_____
16 When should I return for an office visit?	3 months	_____
17 The date and time we arranged for a follow-up appointment is -	date:  time:	_____  _____