

## **Cold Sparkling Citrus Punch**

### **Ingredients**

- 2 lemons (juice one and slice one)
- 3 large oranges (juice two and slice one)
- 1 (6 ounce) can of frozen lemonade concentrate
- 1 litre club soda
- 1.5 litres of sparkling apple cider
- 1 tablespoon of maple syrup or 2 teaspoons of natural 100% sugar free Xylitol or 1 teaspoon of non bitter Stevia extract
- Fresh Mint leaves
- Plenty of ice cubes

### **Directions**

1. Thinly slice one the lemons and one of the oranges and place in a large punch bowl. Juice the other fruits and add to the thawed lemonade. Gently stir in the club soda and the sparkling apple cider, sweeten to taste and add ice and mint leaves to garnish.
2. You can also add strawberries for colour if it needs it.